














| SUNDAY  | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY   |
|---|--------|---------|-----------|----------|--------|--|
|   <h1 style="color: #ff69b4; margin: 0;">August 2009</h1> <h2 style="color: #ff69b4; margin: 0;">Independent Living Residents Calendar</h2>      |        |         |           |          |        | <p><b>1</b></p> <p>10:00am-2:00pm<br/>Party Bridge (MPR)</p> |

|   |   |  |   |   |  |   |
|---|---|--|---|---|--|---|
| <p><b>2</b></p> <p>7:15am Church bus for Hickory Neck</p> <p>10:40am Church Bus for St. Bede</p> <p>4:00pm Vespers (MPR)</p>  | <p><b>3</b></p> <p>9:00am Tai Chi (MPR)<br/>9:00am Mah Jongg (GR)</p> <p><b>10:00am Shopping at Wal-Mart</b></p> <p>7:00pm Bridge (MPR)</p>             | <p><b>4</b></p> <p><b>1:30pm Resident Council Meeting &amp; Managers' Update (MPR)</b></p> <p>7:00pm Poker (BR)<br/>7:00pm Trivial Pursuit (GR)</p>  | <p><b>5</b></p> <p>9:00am Tai Chi (MPR)<br/>4:30pm Happy Hour (GR)</p> <p><b>6:00pm Leave for Summer Breeze Concert at Merchants Square (USAF Heritage of America Concert Band)</b></p> <p><b>7:00pm Hal Giesecking presents: Wit &amp; Wisdom from Some of America's Most Interesting People (MPR)</b></p> | <p><b>6</b></p> <p><b>1:30pm What to Know about Funeral Planning Seminar (GR)</b></p> <p><b>3:00pm Library Committee Meeting (GR)</b></p> <p>7:00pm Poker (BR)<br/>7:00pm Bridge (GR)</p>                   | <p><b>7</b></p> <p><b>11:15am ROMEOS to Longhorn Steakhouse</b></p> <p>4:30pm Happy Hour (GR)</p>  | <p><b>8</b></p>   |
| <p><b>9</b></p> <p>7:15am Church bus for Hickory Neck</p> <p>10:40am Church Bus for St. Bede</p> <p>4:00pm Vespers (MPR)</p>  | <p><b>10</b></p> <p>9:00am Tai Chi (MPR)<br/>9:00am Mah Jongg (GR)</p> <p><b>10:00am Shopping at Target &amp; Ukrops</b></p> <p>7:00pm Bridge (MPR)</p> | <p><b>11</b></p> <p><b>9:00am Park Walkers to Jefferson Lab with lunch at Keegans</b></p> <p>7:00pm Poker (BR)<br/>7:00pm Trivial Pursuit (GR)</p> <p><b>7:00pm Chiropractor Dr. Pinto discusses Low Back Pain &amp; Arthritis (MPR)</b></p> | <p><b>12</b></p> <p>9:00am Tai Chi (MPR)<br/><b>9:30am Shopping at Ft. Eustis</b></p> <p>4:30pm Happy Hour (GR)</p> <p><b>7:00pm Night at the Movies: Operation Petticoat (MPR)</b></p>   | <p><b>13</b></p> <p><b>11:15am Bookmobile (Lobby)</b></p> <p><b>5:00pm Leave for Music Under the Stars at Ft. Monroe: Beatles Tribute (TRADOC Rock)</b></p> <p>7:00pm Poker (BR)<br/>7:00pm Bridge (GR)</p> | <p><b>14</b></p> <p>4:30pm Happy Hour (GR)</p>   | <p><b>15</b></p> <p>10:00am-2:00pm<br/>Party Bridge (MPR)</p> |
| <p><b>16</b></p> <p>7:15am Church bus for Hickory Neck</p> <p>10:40am Church Bus for St. Bede</p> <p>4:00pm Vespers (MPR)</p> | <p><b>17</b></p> <p>9:00am Tai Chi (MPR)<br/>9:00am Mah Jongg (GR)</p> <p><b>10:00am Shopping at Trader Joe's</b></p> <p>7:00pm Bridge (MPR)</p>        | <p><b>18</b></p> <p><b>7:00pm Publick Times Chorus of Sweet Adelines International (MPR)</b></p> <p>7:00pm Poker (BR)<br/>7:00pm Trivial Pursuit (GR)</p>  | <p><b>19</b></p> <p>9:00am Tai Chi (MPR)<br/>4:30pm Happy Hour (GR)</p> <p><b>7:00-8:30pm Outdoor Summer Concert Series with The Sounds of Yesteryear</b></p>   | <p><b>20</b></p> <p><b>5:00pm Leave for Music Under the Stars at Ft. Monroe: Sousa Spectacular (Concert Band)</b></p> <p>7:00pm Poker (BR)<br/>7:00pm Bridge (GR)</p>                                       | <p><b>21</b></p> <p><b>11:15am CAMEOS to Longhorn Steakhouse</b></p> <p>4:30pm Happy Hour (GR)</p> <p><b>7:00pm Night at the Movies: It Happened One Night (MPR)</b></p> | <p><b>22</b></p>  |
| <p><b>23</b></p> <p>7:15am Church bus for Hickory Neck</p> <p>10:40am Church Bus for St. Bede</p> <p>4:00pm Vespers (MPR)</p> | <p><b>24</b></p> <p>9:00am Tai Chi (MPR)<br/>9:00am Mah Jongg (GR)</p> <p><b>10:00am Shopping at Wal-Mart</b></p> <p>7:00pm Bridge (MPR)</p>            | <p><b>25</b></p> <p><b>8:00am Park Walkers to Yorktown &amp; Duke of York Hotel</b></p> <p>2:00pm Caregivers Support Group (CMR)</p> <p>7:00pm Poker (BR)<br/>7:00pm Trivial Pursuit (GR)</p>  | <p><b>26</b></p> <p>9:00am Tai Chi (MPR)<br/><b>9:30am Shopping at Ft. Eustis</b></p> <p><b>3:00pm Warwick Travel presents: France Magnifique (MPR)</b></p> <p>4:30pm Happy Hour (GR)</p> <p><b>6:00pm Leave for Summer Breeze Concert at Merchants Square (USAF Heritage of America Concert Band)</b></p>  | <p><b>27</b></p> <p><b>12:00pm Birthday Lunch (DR)</b></p> <p><b>5:00pm Leave for Music Under the Stars at Ft. Monroe: 1812 Overture (Concert Band)</b></p> <p>7:00pm Poker (BR)<br/>7:00pm Bridge (GR)</p> | <p><b>28</b></p> <p>4:30pm Happy Hour (GR)</p> <p><b>7:00pm Girl Scout Music Program (MPR)</b></p>   | <p><b>29</b></p>  |

|   |   |  |   |   |
|---|---|--|---|---|
| <p><b>30</b></p> <p>7:15am Church bus for Hickory Neck</p> <p>10:40am Church Bus for St. Bede</p> | <p><b>31</b></p> <p>9:00am Tai Chi (MPR)<br/>9:00am Mah Jongg (GR)</p> <p><b>10:00am Shopping at Target &amp; Ukrops</b></p> <p>7:00pm Bridge (MPR)</p> |    | <p><b>Key:</b></p> <p>ALCR—Assisted Living Community Room, 2<sup>nd</sup> Floor<br/>BR—Billiards Room<br/>CMR—Chaplain's Meeting Room<br/>CRA—Craft Room A<br/>DR—Dining Room<br/>GR—Game Room<br/>MPR—Multi-Purpose Room</p> |    |
|---|---|--|---|---|

